



Caistor Roman Town 'Venta Icenorum'

Activities Pack for Schools



Caistor Roman Town is a unique historic and archaeological resource in Norfolk and a great learning resource for your pupils. With access to actual archaeological finds and a local window into Roman history, Caistor can really help bring the national curriculum to life.



Essential Information

You can access Caistor Roman Town's school programme in several ways: -

- Visit on site and walk in the footsteps of our East Anglian Roman predecessors
- Enjoy an in-school visit with our knowledgeable volunteers
- Come on a teacher-led visit to the town

Essentials

- Activities aimed at KS2
- Maximum 36 pupils per session
- Suggested donation of £1.50 per pupil
- If visiting on site, a donation to the Church for access to the toilet facilities is needed. Donation amount of your choosing.
- All school visits must be booked in advance
- Schools must carry out their own Risk Assessments

School Offer Overview

- Access to genuine archaeological ruins and finds
- Trained volunteers delivering activities on Roman history and archaeology

Parking

- Free parking on site

Access

- It is an outdoor site with uneven terrain and only one indoor space; the church

Facilities

- One toilet is located in the church
- Wet weather option for onsite visits: activities will be held in the Church
- Schools must bring their own food and drink

For more information and to book

- Web: <https://www.norfarchtrust.org.uk/schools-information>
- Email: info@norfarchtrust.org.uk

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The Norfolk Archaeological Trust is registered as a charity (number 274604) Company limited by guarantee – registered in England (number 191668).





Life in Roman Times – KS2

Visit to Caistor Roman Town

Discover what life was like in the Roman forum and tread in the footsteps of the population of Venta Icenorum.

We offer a mixture of volunteer led and school led activities which gives us the flexibility to welcome different group sizes.

Volunteer Led Activities

Activity 1: Walk Back in Time

When did *Venta Icenorum* exist? A very L-O-N-G time ago! This activity looks at how this place fits into our history locally and nationally with a *Living Timeline*

Activity 2: Welcome to the Forum

The town centre of Venta Icenorum was once a hive of activity and a meeting place for the townspeople. Help mark out the size of the actual forum and learn about the lives of the people who lived there.

Activity 3: Who? What? Where? When? Why? How?

Use all your senses to uncover the site's past and hypothesise about life here, asking questions and coming up with theories on the history of the town.

See section on School Led Activities for information on these.

Skills our activities develop

- Literacy
- Numeracy
- Verbal reasoning
- Historical understanding
- Maths and measurement

Essential Information

- On site visits can be booked from May to July and from September to October Half Term.
- Please note that we need three volunteers to run the activities so bookings are dependent on volunteer availability. We do have some activities that can be teacher led which gives us some flexibility.
- Our activities are designed for 10-12 children per group. Each group must have an adult provided by the school.
- Please provide sticker name badges for our visit to help the volunteers deliver the activities.



Life in Roman Times – KS2 In School Visit

Be introduced to the Roman period through real archaeological finds found at Caistor.

We offer three activities on our in school visit alongside a PowerPoint introduction to Caistor Roman Town for all the pupils to see before breaking out into groups for the activities.

Activity 1: Be an Archaeologist

Learn about the tools archaeologists use to find artefacts and identify them by having a go at uncovering some genuine Caistor finds in a sand pit.

Activity 2: Roman Food

Discover what the Romans ate compared to what we eat now and have a go at designing your own Roman dinner.

Activity 3: Finds Cleaning

Have a go at handling genuine archaeological finds and learn how we clean and process finds once they come out the ground.

Skills our activities develop

- Literacy
- Numeracy
- Verbal reasoning
- Historical understanding

Essential Information

- In school visits can be booked for any time of the year.
- Please note that we need three volunteers to run the activities so bookings are dependent on volunteer availability. We do have some activities that can be teacher led which gives us some flexibility.
- Our activities are designed for 10-12 children per group. Each group must have an adult provided by the school.
- Please provide sticker name badges for our visit to help the volunteers deliver the activities.



Life in Roman Times – KS2

On Site School-Led Visit

You are welcome to visit the Roman town at any time and can use the following activities to learn more about the site.

Activity 1: Venta Icenorum App

Download the App from the website onto tablets and explore with the site via the App.

Activity 2: Sketching

Bring paper, pencils and a clipboard and find creativity in this archaeological and natural site.

Activity 3: Treasure Hunt in the Church

Use our downloadable treasure hunt sheet and take a visit to the church.

Activity 4: Be a Roman Soldier

Use our downloadable cards to learn some Latin marching orders and see who can keep pace with the Roman general.

Skills our activities develop

- Literacy
- Numeracy
- Verbal reasoning
- Historical understanding

Essential Information

- On site visits are best between May and October half-term.
- Please notify us before you plan to visit the site.